

Breast Procedures & Surgery

Dr. Teslow treats benign breast conditions and breast cancers. Digital mammography, diagnostic ultrasound, breast MRI, stereotactic and ultrasound guided needle biopsy capabilities are available locally and are part of our diagnostic testing. Dr. Teslow and staff work with medical oncologists, radiation oncologists and plastic surgeons to ensure that each patient receives the best possible care.

Breast Surgery procedures include:

- **Lumpectomy** – Lumpectomy is a surgical procedure which removes tissue (a benign lump or breast cancer) from the breast. It is often called a “breast preserving” or “breast sparing” procedure because only the abnormal tissue is removed. The breast retains its normal shape.
- **Mastectomy** – Mastectomy is surgery which removes the entire breast in order to treat or prevent breast cancer. There are a variety of types of mastectomy, such as skin sparing and nipple/areola sparing, and the type the surgeon recommends depends on factors such as size, location, and behavior of the tumor and whether or not the patient intends to undergo reconstructive surgery.
- **Sentinel Node Sampling** – Sentinel lymph node mapping is a method of determining whether cancer has spread beyond the primary tumor into the lymph system. This procedure eliminates the need for a complete axillary dissection (removal of all the nodes under the arm) in most patients.
- **Breast Reconstruction** – For those patient requiring mastectomy for breast cancer or cancer prevention we collaborate with plastic surgeons to provide immediate breast reconstruction at the time of mastectomy in most cases. Patients meet with the plastic surgeon prior to surgery to discuss reconstruction options.
- **High Risk Patients** – Some patients are considered “high risk” for breast cancer based on their family history, early age at diagnosis, and previous abnormal breast biopsies. We counsel these patients about their risks and specific recommendations are made about treatment, prevention strategies and long-term follow-up.